



Sausalito Marin City School District
 Dr. Martin Luther King, Jr Academy
 Nevada Campus and Phillips Campus



Breakfast and Lunch Menu - September

Monday	Tuesday	Wednesday	Thursday	Friday
5 <i>No School</i> 	6 <i>Breakfast</i> Bagel with Cream Cheese, fruit, milk <i>Lunch</i> Beef taco platter, beans, chips, fruit, milk	7 <i>Breakfast</i> Cereal with milk, fruit <i>Lunch</i> Grilled cheese, Tomato Soup, fruit, milk	8 <i>Breakfast</i> Smoothie and Breakfast bar <i>Lunch</i> BBq Chicken Drumstick, rice, cucumber salad, fruit	9 <i>Breakfast</i> Breakfast Sandwich, fruit, milk <i>Lunch</i> Beef and Red Sauce Pasta, Corn, Fruit, Milk
12 <i>Breakfast</i> Bagel with Cream Cheese, fruit, milk <i>Lunch</i> Pasta marinara, cauliflower, fruit, milk	13 <i>Breakfast</i> Yogurt Granola, fruit, milk <i>Lunch</i> Caesar Chicken Salad, chips, fruit, milk	14 <i>Breakfast</i> Cereal with milk, fruit <i>Lunch</i> Salami/cheese sandwich, salad, fruit, milk	15 <i>Breakfast</i> Waffle and Sausage, fruit, milk <i>Lunch</i> Lemon pepper chicken, corn, rice, fruit, milk	16 <i>Breakfast</i> Fresh Baked Muffin, fruit, milk <i>Lunch</i> BBQ Sloppy Joe, potato, fruit, milk
19 <i>Breakfast</i> Bagel with Cream Cheese, fruit, milk <i>Lunch</i> Pizza Bread, fruit, milk	20 <i>Breakfast</i> Fresh Baked Muffin, fruit, milk <i>Lunch</i> SW Chicken Salad, chips, fruit, milk	21 <i>Breakfast</i> Cereal with milk, fruit <i>Lunch</i> Turkey/cheese sandwich, salad, fruit, milk	22 <i>Breakfast</i> Smoothie and Breakfast bar <i>Lunch</i> Shepards Pie, Toast, rice, fruit, milk	23 <i>Breakfast</i> Breakfast Sandwich, fruit, milk <i>Lunch</i> Hot dog, potato, fruit, milk
26 <i>Breakfast</i> Bagel with Cream Cheese, fruit, milk <i>Lunch</i> Mac and Cheese, broccoli, fruit, milk	27 <i>Breakfast</i> Yogurt Granola, fruit, milk <i>Lunch</i> Beef Burrito, beans, fruit, milk	28 <i>Breakfast</i> Cereal with milk, fruit <i>Lunch</i> Grilled cheese, Tomato Soup, fruit, milk	29 <i>Breakfast</i> Waffle and Sausage, fruit, milk <i>Lunch</i> Chicken Tenders, carrots, fruit, milk	30 <i>Breakfast</i> Fresh Baked Muffin, fruit, milk <i>Lunch</i> Cheeseburgers, potato, fruit, milk

Adult Paid Meals Breakfast-\$2.00 Lunch-\$5.00